Rick Adam

A JOURNEY THROUGH ADDICTION

Grades: 5 - 12

Technical Contact: Call Rick Toll Free 1-888-580-5941
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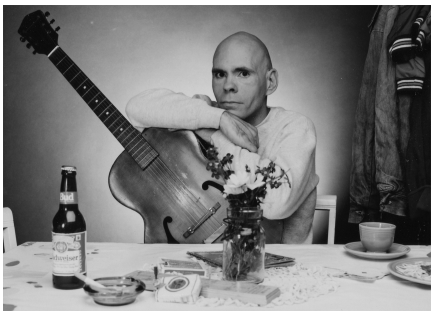
Confronting Substance Abuse and Related Issues



Using original music, drama, mime, special effects, and vaudeville, this compelling autobiographical theatre production (complete with scenery, costumes and props) explores alcoholism, drug dependency, eating disorders, teen suicide, and self-destructive attitudes. Rick Adam's effective performance touches the heart while tickling the funny bone, as he offers tools for solving problems, making healthy choices, and building self-esteem. At the age of 14, Rick Adam weighed 229 pounds, had a 46-inch waist, and lived in an addicted and dysfunctional family. How he learned to cope with these problems and overcome his own drug addiction and negative internal messages makes thought-provoking and compelling theatre.

By creating a skillful and exciting theatrical experience, while connecting emotionally with the audience through his true story, Rick's messages hit home, successfully affecting the thoughts and behaviors of his audience. Throughout the program, Rick teaches and encourages creative problem-solving, avoiding negative behaviors, personal goal setting, making healthy choices, avoiding peer pressure, and developing a positive self-image. Substance abuse, eating disorders, and teen suicide are among the most important issues facing teenagers today. Rick's story of becoming a drug-free, nationally recognized performing artist provides an inspiration for all students by showing that it is possible to overcome obstacles and live happy, healthy lives.

RICK ADAM has been performing, teaching, and inspiring people of all ages for over 20 years. He has combined his extensive theatrical and musical experience and training with his own life experience to create original theatrical performances that both educate and entertain. Adam has toured widely, from elementary schools to colleges to maximum security prisons, from Rhode Island to Russia. He has acted with the Trinity Square Repertory Company and has appeared in films and on television. He was recently featured on a PBS special on one-man bands in America, which is now in the permanent collection of the Smithsonian Institute.

TECHNICAL REQUIREMENTS

- A clean, clear 20' x 20' performing space. (With a raised, stable, stage whenever possible).
- Performance space should be available 1 and 1/2 hours before and after the performance.
- Assistance with unloading and loading of equipment.
- Adequate lighting and electricity (standard outlet).
- Room should be able to be darkened for hand shadows whenever possible.
- A clean, private, room for dressing.
- Outdoor shows should be in an area removed from street or traffic sounds whenever possible.
- Outdoor shows should be on a covered space or have an indoor rain site.

For School Shows INSIDE of Maine, Vermont, and New Hampshire, Contact:

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For School Shows OUTSIDE of Maine, Vermont, and New Hampshire, Contact:

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